STUDY PURPOSE

Adults who have spinal cord injuries may face different aging challenges than those adults without SCI. This study, entitled "Socio-Environmental Factors Associate with Healthy Aging after Spinal Cord Injury" is designed to understand how living environments and surrounding neighborhoods affect the health of people aging with SCI in Michigan, Ohio, Indiana, Illinois, and Wisconsin.

HOW CAN I PARTICIPATE?

Contact one of our study coordinators and we will give you a quick phone call to determine if you will be a good fit.

FOR MORE INFORMATION

Lynn Charara
phone: 734-763-6189
e-mail: Healthy-Aging-SCIStudy@umich.edu
visit the web: umhealthresearch.org/HUM00149430
WHAT IS INVOLVED?
You will be asked to participate in a short telephone interview, lasting 60 minutes. In return, you will receive $25 in compensation.

WHO CAN PARTICIPATE?
Participants must meet ALL criteria to participate:
- You are older than 45 years
- Sustained a traumatic SCI resulting more than five years ago
- Live in the community
- Able to speak and understand English

WHY SHOULD I PARTICIPATE?
Not only is there compensation for your participation in this study, you will receive valuable insights into spinal cord injury is a critical part of advancing research and developing tools and techniques for improving people’s lives. We are exploring how factors such as: community participation, management of health, and secondary health conditions may influence aging with SCI. The findings from this study may help to ensure that individuals aging with SCI are able to take care of their health needs, socialize, and participate in the surrounding community.

TOPICS WE WILL BE INVESTIGATING
Range of body function, activity in the community, health management and effect of various environmental factors on mobility and community participation.

WHO IS INVOLVED?
This study is a collaboration between the Institute for Social Research and the department of physical medicine and rehabilitation at Michigan Medicine.

Dr. Philippa Clarke at the Institute of Social Research is the principle investigator.